

**M** is for mushrooms. Over 4,000 years ago the pharaohs of Egypt prized mushrooms so much that they decreed that only royalty could eat them. Today the mushrooms sold in your grocery store are grown by mushroom farmers in growing houses. Mushrooms have no chlorophyll (a green pigment in plants), so they don't need sunshine to grow and thrive. There are over 38,000 kinds of mushrooms with different colors, textures and flavors. Pennsylvania produces over 55% of the total U.S. production. **Danger:** Never pick or eat mushrooms you find growing wild in the woods because they may be poisonous.

